



Help Me Grow is a system of supports for pregnant women, young children and families throughout Ohio. Services and supports are provided through Home Visiting and Early Intervention.

Home Visiting



Help Me Grow Home Visiting (HV) is a voluntary, home-based program offered at no cost to your family. Our home visitors are well-trained professionals who use a compassionate approach that offers information and support during pregnancy, and empowers you as the parent with skills, tools, and confidence to nurture the healthy growth of your child through the earliest years – a critical time of development.

WHAT CAN YOU EXPECT?

Once your family has been referred, you will be assigned a home visitor. The Help Me Grow home visitor will provide caring support and reliable information on the topics that matter most to you about your pregnancy and child's development. Whether it's what you can do to strive for a healthy pregnancy, how to soothe your crying baby, how to manage sleep (yours included!) or how to deal with the stresses of parents, your home visitor is there to help, listen to your concerns, and connect you to community resources based off of your needs. We invest in you to make your own decisions about what is best for you and your child.

BENEFITS OF HOME VISITING:

Healthy birth outcomes - Pregnant women who participated in HV had 48% fewer low birth weight babies.

Increasing Children's School Readiness - Children who participated in HV scored 25% higher on first through third grade reading and math achievement tests.

Early Intervention



Help Me Grow Early Intervention (EI) supports families of young children birth to age three with developmental delays and disabilities. EI services are typically provided in your home or other places your family spends time, and they build on your ability to enhance your child's learning and development.

WHAT CAN YOU EXPECT?

After referral, your local EI program will assign a service coordinator to your family. Your service coordinator will serve as your primary EI contact and will support your family on your journey in EI. If your child is eligible for EI, your service coordinator will get your consent to complete a child and family assessment. Your EI team will learn more about your child's interests and abilities and your family's routines and priorities. They will use this information to develop the outcomes you would like to achieve. These outcomes become part of your family's Individualized Family Service Plan (IFSP). The outcomes on your IFSP are written based on what you want your child or family to be able to do within your family's real-life routines and activities. They use your own words and focus on what is important to your family. The IFSP also describes which service or services will be needed to help you meet the outcomes.

BENEFITS OF EARLY INTERVENTION:

In recent years, more than 95% of Ohio parents whose children were served in EI reported that they were better able to support their child in learning new things and gaining new skills. A similar number reported that EI helped them communicate their child's needs to others.

To learn more about these programs or to sign-up, you can:

Call 419-665-3322 or 1-800-755-GROW

Visit <http://bit.ly/ReferToHMG>

Are you pregnant or parenting a young child?

Do you have concerns about your child's development?

Referrals

For Early Intervention and Home Visiting



Anywhere in Ohio

Web referral form: <http://bit.ly/ReferToHMG>

Email: HMGreferrals@helpmegrow.org

Fax: General/HEA Forms (855) 418-3322

Fax: Hospital/Medical Providers (855) 318-3322

Or contact the **Help Me Grow** Regional Intake number listed below:

Central Region:

(614) 656-3322
Action for Children

Eastern Region:

(330) 616-3322
Mahoning County Educational Service Center

Northeastern Region:

(216) 930-3322 or (440) 389-3322
Bright Beginnings

Northwestern Region:

(419) 665-3322
Lucas County Family Council

Southeastern Region:

(740) 371-3322
Noble County Health Department

Southern Region:

(740) 371-3322
Pike County Board of Developmental Disabilities

Southwestern Region:

(513) 434-3322
Butler County Educational Service Center

Western Region:

(937) 612-3322
Help Me Grow Brighter Futures



Calls to 1-800-755-4769 (GROW) will be transferred to the appropriate region.

Questions? Call (216) 930-3322



www.helpmegrow.ohio.gov

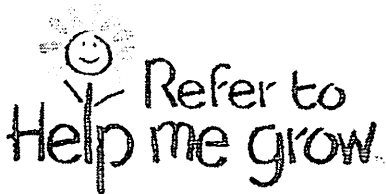


@OhioHelpMeGrow



www.ohioearlyintervention.org @DODDOhio

Web referral form: <http://bit.ly/ReferToHMG>
 General Fax: (855) 418-3322
 Hospital/Medical Providers Fax: (855) 318-3322



Phone: (800) 755-GROW (4769)
 Email: HMGreferrals@helpmegrow.org

CAREGIVER INFORMATION

*Primary Caregiver first name _____ *Primary Caregiver last name _____
 *Primary Caregiver relationship to child Mother Father Grandmother Grandfather Stepmother Stepfather
 Adoptive mother Adoptive father Foster parent (female) Foster parent (male) Kinship/other (female) Kinship/other (male)
 **At least one contact method is required (email, phone, or address) Email _____
 Phone () _____ - _____ Address _____ City _____ Zip _____
 County _____ Best time to contact Morning Afternoon Evening Anytime
 Preferred contact method Phone Text In person Letter Fax Email
 *Primary language spoke in the home _____ Interpreter required? Yes No

ADDITIONAL CAREGIVER/ALTERNATE CONTACT

First name _____ Last name _____
 Relationship to primary caregiver _____ Phone () _____ - _____

CHILD(REN) INFORMATION

*Primary caregiver is currently pregnant Yes No *Due Date: ____/____/____
 *Date of Birth ____/____/____ *Date of Birth ____/____/____
 *First name _____ *First name _____
 *Last name _____ *Last name _____
 Gender _____ Gender _____
 Child resides with _____ Child resides with _____
 *Are there concerns about this child's development? Yes No *Are there concerns about this child's development? Yes No
 *Is there a diagnosed medical condition that could cause delay? Yes No *Is there a diagnosed medical condition that could cause delay? Yes No
(Please explain below.) *(Please explain below.)*

WHICH PROGRAM ARE YOU INTERESTED IN MAKING A REFERRAL?

Early Intervention: Early Intervention is a statewide system that provides coordinated early intervention services to parents of eligible children under the age of three with developmental delays or disabilities.
 Home Visiting: A service for pregnant or new parents seeking support to ensure a healthy pregnancy, and to help their child have the best possible start in life.

ADDITIONAL INFORMATION - Please briefly tell us why you are seeking Help Me Grow support.

***WHO IS MAKING THE REFERRAL?**

I am making the referral for my family I am a Healthcare professional I am for a friend Other
 First name _____ Last name _____
 Agency/ Organization _____
 **At least one contact method is required (email, phone, or address)
 Email _____ Phone () _____ - _____ Address _____
 City _____ Zip _____ County _____

How did you hear about Help Me Grow? Advertisement Child care Community event Educator
 Family member Friend Local service agency Medical Professional Website- Help Me Grow
 Website- Early Intervention Website- Other Not sure Prefer not to answer Other



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